

## Join us for **Recovery from White Conditioning**

## Meetings

In a 2014 interview, Ta-Nehisi Coates explained: "We talk about race a lot, we do...I don't think we talk about it in depth as much as we should...When we start recognizing that there's something congenital...It's as if I had a problem with alcohol...That's a different conversation in that I have to confess...that there's something in me...that I will always have to cope with that...that I will always have to deal with that. The honesty that takes, the courage that takes, the strength that takes is profound."

It is our hope that the 12 step journey ahead of you will inspire you: to summon profound honesty, courage, and strength; to apply those qualities in pursuit of a deeper understanding of yourself and others; and to invest in a life long journey of recovery from white conditioning.

When: **Wednesday** evenings, **6-7** pm

Next Step One Meeting: 11/7/18

Where: Unity Church-Unitarian

733 Portland Ave. St. Paul, MN 55104

We meet in the Gannett Room, upstairs. (Street parking available.)

This is an open group for white people seeking to develop anti-racist practices and community, while building courage and commitment to take action for racial justice: come any time, as you are.

(Up to 12 Free CEU's for Social Workers, beginning 11/7/18)

For more information, contact Cristina Combs, LICSW, through our community website: recoveryfromwhiteconditioning.com